

# Coffee Talk



**Monday, Sept 18th**

8:30am-9:30am

201 6th Street (CUSD Board Room)  
Register On-line at [CoronadoSAFE.org](http://CoronadoSAFE.org)

**Recommended for Parents, Grandparents, Aunts, Uncles & Caregivers**

## **The Power of Family Connection**

With Louisa Triandis, LCSW, PPSC

*Join Us and Learn:*

- The 80/20 Rule of Interaction
- How All Behavior Serves a Purpose
- The 5 Minute Solution
- Strategies to Help Families Manage Stress
- Stay Focused on the Positive During Challenging Family Struggles

Louisa is a Licensed Clinical Social Worker with over 20 years experience, is a Certified Nurtured Heart Approach trainer and has provided trainings for agencies, parents, and schools all throughout California. Aside from her private practice, Louisa provides coaching and training in both English and Spanish and also has a certificate in Art Therapy.

**Coffee Talks are a monthly morning social speaker series designed to empower parents and caregivers with tools for success.**

**To keep up to date on all our events and programs, email us today at [Info@CoronadoSAFE.org](mailto:Info@CoronadoSAFE.org) and/or like us on Facebook. For an updated schedule of all Coffee Talks and other events go to [CoronadoSAFE.org](http://CoronadoSAFE.org).**

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