



*ECDC &
Crown Preschool*
*May 8 -
June 3*
**Coronado Unified
School District**

This institution is an equal opportunity provider. Menus are subject to change.

FARM TO SCHOOL

We feel it's important for your student to make a connection with what's on their tray and where their food comes from. That is why this school year, we partnered with *Food 4 Thought* to bring the freshest seasonal produce to your school's cafeteria. Through their 'Farm to School' program they are able to partner with small, family-owned California farms that share a commitment to student health and nutrition. Picked on Monday and "straight to the plate" on Thursday and Friday...enjoy the harvest!

Apply online today for free & reduced-price meals at
<https://secure.ezmealapp.com/>



Payments and meal balances online
Please have "Student ID Number" when signing up the first time.
For questions, call 619-522-8907 x2085

Monday	Tuesday	Wednesday	Thursday	Friday
Papa John's Pepperoni Pizza	Orange Chicken & Rice	Sun Butter & Jelly Sandwich	Popcorn Chicken	Mac & Cheese w/ Corn Muffin
	100% Beef Hamburger	Corn Dog	FARM FRESH DAYS	
			Bean & Cheese Burrito	Pizza Cheese Crunchers

DATES AVAILABLE

← May 8 — 12
May 22 — 6

← May 15 — 19
May 30 — June 2

A selection of fruits and vegetables will be offered daily:

Bananas, Apples, Oranges, Kiwis, Tangerines, Raisins, Pears, Carrots, Corn, Cucumbers, Mixed Greens, Broccoli, Beans, and Edamame

Three food groups must be taken, one must be at least a 1/2 cup serving of fruit and/or vegetable.

Kona Ice
After School
Friday, 5/26

All lunch items are made with **51% or more WHOLE GRAIN**



Students may choose:
1% white milk
or
Nonfat flavored milk



Special Menu Days

American Hero Italian Ice
Tuesday, May 30



Surf's Up & Summer is Here!
Rips Slush
Tuesday, June 13



Meal Prices

Paid \$3.00
Reduced \$0.40
Free \$0.00
Milk \$0.50
Non-Student \$4.00

