



# 2011 Enrollment Checklist

For 2011, there are many things to consider when selecting your health care plan. Use this helpful checklist to gather the information you need to ensure you and your family get the coverage you need.

## Step 1. Know Your Current Plan

Your medical ID card is a good place to look if you're not sure about the information below.

Current Health Plan	Coverage Level	Primary Care Provider (PCP)
<input type="checkbox"/> HMO <input type="checkbox"/> PPO <input type="checkbox"/> POS <input type="checkbox"/> Kaiser	<input type="checkbox"/> Self <input type="checkbox"/> Two Party <input type="checkbox"/> Family  Remember, you can now add dependents up to age 26 to your health plan.	Your PCP _____ Spouse PCP _____ Dependent 1 PCP _____ Dependent 2 PCP _____ Dependent 3 PCP _____

## Step 2. Match Your PCPs (from Step 1) to Medical Groups and Networks

If you choose the Performance HMO Plan, you need to determine the network that your PCP's medical group is in. Check your VEBA ID card for medical group name. Remember, the whole family needs to be enrolled in one network but can choose different medical groups within that network.

Network 1	Network 2	Network 3
<ul style="list-style-type: none"> <li>Sharp Rees-Stealy Medical Centers</li> <li>Sharp Community Medical Group <i>(Chula Vista, Coronado Graybill, Grossmont, Inland North, Metro San Diego)</i></li> <li>Primary Care Associated Medical Group <i>(Cassidy and Encinitas)</i></li> <li>Centre for Health Care <i>(Arch Health Partners)</i></li> <li>Mid-County Physicians</li> <li>Children's Physician Medical Group</li> </ul>	<ul style="list-style-type: none"> <li>Mercy Physicians</li> <li>SD Physicians <i>(North Coastal and Central)</i></li> <li>Encompass Medical Group</li> <li>Greater Tri-Cities IPA</li> <li>Multi-Cultural Medical Group</li> <li>Children's Physician Medical Group</li> </ul>	<ul style="list-style-type: none"> <li>UCSD</li> <li>SD Physicians <i>(Chula Vista and East County)</i></li> <li>Scripps Coastal <i>(Formerly known as Scripps Mercy)</i></li> <li>Children's Physician Medical Group</li> </ul>
<i>Circle family members with PCPs in Network 1.</i> Self            Spouse Dependent 1   Dependent 2   Dependent 3	<i>Circle family members with PCPs in Network 2.</i> Self            Spouse Dependent 1   Dependent 2   Dependent 3	<i>Circle Family Members with PCPs in Network 3.</i> Self            Spouse Dependent 1   Dependent 2   Dependent 3

## Step 3. Understand What's Changing in 2011

Unlike before, if you don't make an election during enrollment, you may not get the PCP or the benefits you want.

Current Plan	You need to:	What if I don't do anything?
HMO	<ul style="list-style-type: none"> <li>Select a network (Network 1, 2, or 3) and PCP in that network (if your current PCP's medical group is not in that network)</li> </ul>	You and your covered family members will be automatically enrolled in the Performance HMO plan, Network 1 with a PCP in a medical practice close to your home address.
POS	<ul style="list-style-type: none"> <li>Choose a new health plan</li> <li>If you only use "in-network" providers, your costs may be lower and the benefits richer if you enroll in the Performance HMO</li> </ul>	You and your covered family members will be automatically enrolled in Performance HMO, Network 1 with a PCP in a medical practice close to your home address.
PPO	Do nothing, unless you want to choose a new plan or add dependents	You and your covered family members will remain in your district's PPO plan.
Kaiser	Do nothing, unless you want to choose a new plan or add dependents	You and your covered family members will remain in your district's Kaiser plan.



#### **Step 4. Enroll In a Health Plan**

See page 4 of the **2011 Frequently Asked Questions** Flyer to determine how to decide what health plan is best for you.

##### **Performance HMO**

- Determine the network in which most of your family's PCPs belong** (Step #2)
  - Select Network 1, Network 2 or Network 3**
    - Your network choice is effective for one year, you CANNOT change it unless you have a qualified family status change (birth, adoption, marriage)
    - All family members must be in the same network. To make it easier to access pediatric care, Children's Physician Medical Group is included in every network.
  - Select a PCP**
    - Visit <http://www.pacificare.com>, click on "Find a Doctor"
    - You can search by: Location, Medical Group, Network or Doctor Name
    - Family members can have different PCPs as long as they're all in the same network.
  - Decide if you want to add or delete dependents**
    - Confirm your dependents (Step #1)
    - Remember, in 2011 you can add an eligible dependent to the plan regardless of his/her student status
    - Before your dependent is enrolled, you must submit appropriate documentation to your district. Check your benefits office for your district's requirements.
  - Enroll in the Plan**
    - You will receive an enrollment kit that includes all the information you need to enroll in the plan, including an enrollment form and deadline dates. Keep in mind, some districts may offer online enrollment.
    - If you are a new employee and are enrolling in a VEBA health plan for the first time, you must complete a paper enrollment form, even if your district offers online enrollment.
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