

Coronado Unified School District
Local Wellness Committee
Committee Meeting #1
School Year 2023-2024

October 24th, 2023

Agenda Items:

1. Pass out Wellness Policy Copies, Sign-In Sheet & Committee Introductions
2. Brief overview of current Local Wellness Policy
3. As a committee, identify wellness strengths, areas of opportunity, and district priorities
4. Discuss possible wellness goals for the 23-24 SY
5. As a committee, agree on and set 1-2 measurable & achievable goals to work towards for the 23-24 SY
6. Set a date for committee meeting #2 for December 2023 – January 2023