

AUGUST 25TH -OCTOBER 14TH

Menu subject to change

What's Included

All lunch meals include an entrée, unlimited fresh fruits and vegetables, 100% fruit juice, and choice of 1% white or non-fat milk.

Students must select a 1/2 cup fruit and/or vegetable with their meal



Featured Daily Specials

<u>Monday</u>

Cheese Lasagna and Garlic Toast
BBQ Chicken Sandwich
Bean & Cheese Burrito
Freshly Made Ham & Cheese Croissant
Freshly Made Chicken Caesar Salad

Tuesday

Papa John's Pizza: Cheese or Pepperoni Steak Burrito Bowl Chicken Egg Rolls Freshly Made Chicken Cub Sub Freshly Made Pizza Salad & Focaccia Bread

<u>Wednesday</u>

Orange Chicken with Brown Rice
Baked Chicken Drumstick & Biscuit
Fish and Chips with Roll
Freshly Made PB & J Sandwich
Freshly Made Chicken Caesar Salad

<u>Thursday</u>

Papa John's Pizza: Cheese or Pepperoni Egg, Cheese, & Hash Burrito Popcorn Chicken & Roll Freshly Made Chicken Caesar Wrap Freshly Made Pizza Salad & Focaccia Bread

Friday



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER





Breakfast & Lunch Meals are **FREE** to all students in the 2022-2023 School Year



A la Carte Payments Online

Please have:
Student ID Number
when signing up for the first
time. For questions call,
619-522-8900 x2085

Let's Go Lecal!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered.

Enjoy the harvest!!