LUNCH MENU			Let's Go Local! Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!		Breakfast & Lunch Meals are FREE to all students in the 2022- 2023 School Year	
Dates Available August 25 - 26 Sept. 6 - 9 Sept. 19 - 23 October 3 - 7 August 29 - Sept. 2 Sopt. 12 - 16	MONDAY Mozzarella Stuffed Breadsticks	TUESDAY Papa John's Cheese Pizza	WEDNESDAY Popcorn Chicken	Che Lasa	esy	FRIDAY Islander Lunchable (Deli Meat, Cheese, & Crackers)
Sept. 12 - 16 Sept. 26 - 30 October 10 - 14	BBQ Chicken Sandwich		and Graham Crackers		burger	Bean & Cheese Burrito

Five food groups will be offered daily. Including at least a 1/2 cup fruit and vegetable.



What's Included

All lunch meals include an entrée, fresh fruit and vegetables, and 1% white milk. All entrees are made with whole grain.



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