

# CORONADO MIDDLE SCHOOL LUNCH MENU

AUGUST 22ND -  
OCTOBER 11TH

Menu subject to change

## What's Included

All lunch meals include an entrée, unlimited fresh fruits and vegetables, 100% fruit juice, and choice of 1% white or non-fat milk.




Students must select a 1/2 cup fruit and/or vegetable with their meal

# BACK TO SCHOOL



## Featured Daily Specials

### Monday

- Spicy OR Regular Crispy Chicken Sandwich
- Teriyaki Chicken Bowl with Brown Rice
- Mac n' Cheese with Corn Muffin ✓ 
- Pizza Roll-Ups with Marinara Dunk Cup
- Freshly Made Chicken Caesar Salad

### Tuesday

- Papa John's Pizza: Pepperoni or Cheese ✓
- BBQ Beef Rib Sandwich
- Crispy Chicken Parmesan Sub
- Islander Snack Pack ✓
- Buffalo Chicken Salad with Flatbread

### Wednesday

- Orange Chicken with Brown Rice
- Build Your Own Tostada Bowl
- Corn Dog (Nitrate/Nitrite Free)
- Freshly Made PB & J Sandwich ✓
- Freshly Made Chicken Caesar Salad

Free Mid-Week Munchie



### Thursday

- Papa John's Pizza: Pepperoni or Cheese ✓
- Western Bacon Chicken Sandwich
- Bacon Breakfast Burrito
- Vegetarian California Roll with Edamame ✓
- Buffalo Chicken Salad with Flatbread

### Friday

- 100% Beef Hamburger OR Cheeseburger
- Popcorn Chicken with a Biscuit
- Cheesy Pull Apart Bread ✓
- Thai Peanut Noodles with Chicken
- Freshly Made Chicken Caesar Salad

✓ = VEGETARIAN ENTREES

 = GLUTEN FREE ENTREES



Breakfast & Lunch Meals are **FREE** to all students in the 2024-2025 School Year



**A la Carte Payments Online**  
Load money on to your student's account to purchase drinks and snacks, see purchases, and more!  
For questions, call:  
619-522-8900 x2085

## Let's Go Local!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered.  
**Enjoy the harvest!!**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

