

# VILLAGE CAFE LUNCH MENU



AUGUST 25TH - OCTOBER 14TH

## Let's Go Local!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!



Breakfast & Lunch  
Meals are **FREE** to all  
students in the 2022-  
2023 School Year

### MONDAY

Mozzarella  
Stuffed  
Breadsticks

BBQ Chicken  
Sandwich



Chicken Caesar  
Wrap

### TUESDAY

Papa John's  
Pepperoni Pizza



Papa John's  
Cheese Pizza

Turkey & Cheese  
Sandwich

### WEDNESDAY

Orange Chicken &  
Brown Rice



Baked Chicken  
Drumstick &  
Fresh Biscuit

Yogurt & Graham  
Crackers

### THURSDAY

Cheesy Lasagna  
& Garlic Toast

100% Beef  
Hamburger



Hot Ham &  
Cheese Croissant

### FRIDAY

Brunch 4 Lunch  
(French Toast &  
Sausage)

Islander  
Lunchable  
(Deli Meat, Cheese,  
& Crackers)

Bean & Cheese  
Burrito

*Menu subject to change.*

*Students must select a 1/2 cup of fruit and/or vegetable with each meal.*

**BACK  
TO  
SCHOOL**



### What's Included

All lunch meals include an entrée, unlimited fresh fruits and vegetables, and choice of 1% white or non-fat milk.



### Healthy Selections Daily

A selection of fruits & vegetables will be offered daily:  
Oranges, Bananas, Apples, Blueberries, Raisins, Dried Cranberries, Pears, Nectarines, Applesauce, Romaine Lettuce, Spinach, Cherry Tomatoes, Carrots, Zucchini, Jicama, Cauliflower, Celery, Broccoli, and Cucumbers



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