

# CORONADO HIGH SCHOOL LUNCH MENU



OCTOBER 17TH -  
DECEMBER 16TH



Menu subject to change

## What's Included

All lunch meals include an entrée, unlimited fresh fruits and vegetables, 100% fruit juice, and choice of 1% white or non-fat milk.



Students must select a 1/2 cup fruit and/or vegetable with their meal



ACCORDING TO A STUDY CONDUCTED BY TUFTS UNIVERSITY, SCHOOLS ARE NOW THE HEALTHIEST PLACE THAT AMERICANS ARE EATING! [CLICK HERE TO LEARN MORE!](#)

## Featured Daily Specials

### Monday

Crispy Chicken Sandwich  
Creamy Alfredo Pasta with a Roll  
100% Beef Hot Dog  
Chicken Pesto Ciabatta Sandwich  
Freshly Made Chicken Caesar Salad & Roll

### Tuesday

Papa John's Pizza: Cheese or Pepperoni  
California Burrito  
BBQ Chicken Bowl with Brown Rice  
Turkey, Bacon, and Swiss Sandwich  
Asian Sesame Chicken Salad with a Roll

### Wednesday

Orange Chicken with Brown Rice  
Vegan Frito Chili Bowl  
Taco Pocket  
Freshly Made PB & J Sandwich  
Freshly Made Chicken Caesar Salad & Roll

### Thursday

Papa John's Pizza: Cheese or Pepperoni  
Buffalo Chicken Fries with a Roll  
Mashed Potato Bowl with a Roll  
Quinoa Salad with Chickpeas  
Asian Sesame Chicken Salad with a Roll

### Friday

100% Beef Hamburger / Cheeseburger  
Crunchy Tacos w/ Mexican Rice  
Cheese Stuffed Breadsticks  
Chicken, Bacon, Ranch Wrap  
Freshly Made Chicken Caesar Salad & Roll

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



Breakfast & Lunch Meals are **FREE** to all students in the 2022-23 School Year. No application needed!



### A la Carte Payments Online

Please have:  
Student ID Number  
when signing up for the first time. For questions call, 619-522-8900 x2085



## Let's Go Local!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!

