

# CORONADO MIDDLE SCHOOL LUNCH MENU

OCTOBER 16TH-  
DECEMBER 8TH

Menu subject to change

## What's Included

All lunch meals include an entrée, unlimited fresh fruits and vegetables, 100% fruit juice, and choice of 1% white or non-fat milk.

Students must select a 1/2 cup fruit and/or vegetable with their meal




# VETERANS DAY

## HONORING ALL WHO SERVED

No school on Friday, November 10th

## Featured Daily Specials





### Monday.

Crispy Chicken Sandwich  
Spicy Chicken Sandwich  
Taco Salad with Meat & Queso Blanco   
Garlic Cheese Toast   
Chicken Pesto Ciabatta Sandwich  
Freshly Made Chicken Caesar Salad & Roll


### Tuesday.

Papa John's Pizza: Cheese or Pepperoni  
Big Breakfast Combo (pancakes, sausage, tater tots)  
Crispy Shrimp Burrito  
Club Sub with Bacon  
Greek Chicken Salad with Pita Bread

### Wednesday.

Orange Chicken with Brown Rice   
Pizza Cheese Crunchers   
Macaroni & Cheese   
Freshly Made PB & J Sandwich   
Freshly Made Chicken Caesar Salad & Roll

### Thursday.

Papa John's Pizza: Cheese or Pepperoni  
Western Bacon Chicken Sandwich  
Mashed Potato Bowl with a Roll  
Hummus Plate   
Greek Chicken Salad with Pita Bread

### Friday.

100% Beef Hamburger / Cheeseburger  
BBQ Pulled Pork Sandwich  
Cheese Tamale   
Chipotle Ranch Crispy Chicken Wrap   
Freshly Made Chicken Caesar Salad & Roll

 = GLUTEN FREE ENTREES  
 = VEGETARIAN ENTREES

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



Breakfast & Lunch Meals are **FREE** to all students in the 2023-24 School Year. No application needed!



### A la Carte Payments Online

Please have:

Student ID Number  
when signing up for the first time. For questions call, 619-522-8900 x2085

## Let's Go Local!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!

