



PRESCHOOL LUNCH MENU



OCTOBER 17TH - DECEMBER 16TH

Let's Go Local!



Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Dates Available

Oct 17-Oct 21
Oct 31-Nov 4th
Nov 14-Nov 18
Dec 5-Dec 9



Oct 24-Oct 28
Nov 7-Nov 11
Nov 28-Dec 2
Dec 12-Dec 16

Creamy Yogurt
with Graham
Crackers



100% White Meat
Chicken
Chunks



Papa John's
Cheese
Pizza



100% Beef
Hamburger



Islander
Bento Box
(hard boiled egg, string
cheese, and crackers)

Creamy
Alfredo Pasta



Crispy Chicken
Sandwich

Brunch 4
Lunch
(Eggoji Waffle and
Sausage Patty)



Cheesy
Quesadilla

Five food groups will be offered daily. Including at least a 1/2 cup fruit and vegetable.

Menu subject to change.

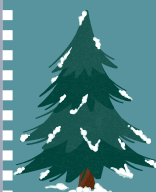
According to a study conducted by Tufts University, schools are now the healthiest place that American's are eating! Click [here](#) to learn more!



What's Included



All lunch meals include an entrée, fresh fruit and vegetables, and 1% white milk. All entrees are made with whole grain.



LUNCH TIME



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