



PRESCHOOL LUNCH MENU



OCTOBER 16TH - DECEMBER 8TH

Let's Go Local!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!



Breakfast & Lunch
Meals are **FREE** to all
students in the 2023-
2024 School Year

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week Available:

Oct 16
Oct 30
Nov 13
Dec 4



Oct 23
Nov 6
Nov 27



Crispy Chicken
Sandwich



Soft Chicken
Taco



Papa John's
Cheese
Pizza



Pizza Cheese
Crunchers



Free Mid-Week
Munchie



Mashed Potatoes
& Popcorn
Chicken

Macaroni &
Cheese



Hamburger

Brunch 4
Lunch

(Pancake, sausage,
& go-gurt)



Rollie Pollie
Pasta Salad
(with Bug Bite
Grahams)

Five food groups will be offered daily. Including at least a 1/2 cup fruit and vegetable.

 = VEGETARIAN ENTREES



VETERANS DAY

HONORING ALL WHO SERVED

No school on Friday, November 10th

What's Included

All lunch meals include
an entrée, fresh fruit
and vegetables, and
1% white milk. All entrees
are made with whole grain.



Healthy Selections Daily

A selection of fruits & vegetables will be offered daily:
Oranges, Bananas, Apples, Blueberries, Raisins, Dried
Cranberries, Pears, Nectarines, Applesauce, Romaine
Lettuce, Spinach, Cherry Tomatoes, Carrots, Zucchini,
Jicama, Cauliflower, Celery, Broccoli, and Cucumbers



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.