

## **Local Services:**

### **Aloha Psych**

549 Orange Avenue Coronado, CA 92118  
(619) 996-3195

### **Coastal Counseling Services**

120 B Ave Coronado, CA 92118  
(619) 434-0778  
Youth 12 and older

### **Coronado SAFE**

1009 C Avenue Coronado, CA 92118  
(619) 522-6884

### **Crown View Medical Group**

(Psychiatry and Counseling)  
158 C Ave Coronado, CA 92118  
(619) 435-5400

### **Jeffrey Max MD**

(Youth Psychiatrist)  
5755 Oberlin Dr. Suite 301 San Diego, CA 92121  
(858)625-0025

### **Kendra Dobalian, MD**

(Youth Psychiatrist)  
8950 Villa La Jolla Dr Ste A218  
La Jolla, CA 92037  
(858) 455- 6761

### **Roderick S. Hall, PhD**

1224 10<sup>th</sup> Street, Ste. 208 Coronado, CA 92118  
(619) 437-0440

### **Wanda Brothers, MFT**

1224 10<sup>th</sup> Street, Ste. 206 Coronado, CA 92118  
(619) 437-1465  
Youth 10 and older

## **Medical Emergency Services:**

### **Coronado Bay Urgent Care**

888 Palm Avenue Imperial Beach, CA 91932  
(858) 357-4304

### **Sharp Coronado Emergency Room**

250 Prospect Place Coronado, CA 92118  
(619) 522-3722

## **Psychiatric Emergency Resources:**

### **Alvarado Parkway Institute (API)**

7050 Parkway Drive La Mesa, CA 91942  
(619) 485-1432 (24/7 resources and referrals)

### **Aurora Behavioral Health Care San Diego**

11878 Avenue of Industry  
San Diego, CA 92128  
1(888) 565-4228  
Inpatient and Partial Hospitalization programs

### **Child and Adolescent Psychiatry Services (CAPS)**

Rady Children's Hospital  
8001 Frost St San Diego, CA 92123 entrance 9  
(858) 966-8145

### **Rady Children's Hospital: Behavioral Health Urgent Care**

4305 University Avenue, Suite 150 San Diego, CA 92105  
(858)966-5484

### **Rady Children's Hospital: Emergency Room**

3020 Children's Way San Diego, CA 92123  
(858) 966-8005

### **San Diego County Emergency Screening Unit**

4309 Third Ave San Diego, Ca 92103  
(619) 876-4502 \*Accepts Medi-Cal ONLY

### **Sharp Mesa Vista: Inpatient Services**

7850 Vista Hill Avenue San Diego, CA 92123  
(858) 836-8434

### **Sharp Mesa Vista: Outpatient Services**

**Partial Hospitalization Program**  
7850 Vista Hill Avenue San Diego, CA 92123  
(858) 836-8555

### **Veterans Affairs Medical Center, Mental Health Unit**

3350 La Jolla Village Drive San Diego, CA 92161  
(858) 552-8585

## **Health Clinics:**

### **Family Health Centers of San Diego**

Several Locations, www.fhcsd.org  
(619) 515-2300

### **La Maestra Community Health Center**

4060 Fairmont Avenue San Diego, CA 92105  
(619) 779-7900

### **Mid-City Community Clinic (Pediatrics)**

4305 University Avenue, Ste. 150  
San Diego, CA 92105  
(619) 280-2058

## **Mental Health Resources:**

### **Family Health Center of San Diego**

Several Locations  
(619) 515-2300

### **Grow Through Life Counseling**

2300 Boswell Rd Suite 245  
Chula Vista, CA 91914  
(619) 549-0329

### **Monique Massey, MD**

(Youth Psychiatrist)  
12630 Monte Vista Rd, Suite 202  
Poway, CA 92064  
858-485-9102

### **Nueva Vista Family Services**

1161 Bay Blvd., Suite B  
Chula Vista, CA 91911  
(619) 585-7686 (sliding scale)

### **Psychiatric Centers at San Diego:**

#### **Child and Adolescent Center**

1550 Hotel Center North, Ste. 450  
San Diego, CA 92108  
(619) 692-1581

#### **The San Diego LGBT Community Center Behavioral Health Services**

3909 Centre Street  
San Diego, CA 92103  
(619) 692-2077 x208

**Therapy Changes**

5055 North Harbor Drive, Suite 320,  
San Diego, CA 92106  
(619) 275-2286

**Vanessa Danielle Villasenor, LMFT**

591 Camino de la Reina Ste 820  
San Diego, CA 92108  
(858)519-8002

**Other Countywide Services:****Families Helping Families (Grief/Loss)**

2820 Roosevelt Road, Ste. 200  
San Diego, CA 92106  
(619) 294-8000

**Family Forces**

13223 Black Mtn Rd Suite 239  
San Diego, CA, 92129  
(858) 277-7907  
(Individual, family, group, and couples counseling,  
Must have Tri Care)

**Healthy Within, Inc. (Eating Disorder Treatment and Wellness)**

5665 Oberlin Drive, Ste, 206  
San Diego, CA 92121  
(858) 622-0221

**I Care Program**

Support for victims of commercial sexual  
exploitation of children ages 12 +  
(619) 521-2250 x3816

**McAlister Institute Teen Recovery Centers**

7867 Convoy Court, Ste. 302  
San Diego, CA 92111  
(858) 277-4633

**Our Safe Place**

Support for LGBTQ youth ages 12+  
3427 4<sup>th</sup> Ave 2<sup>nd</sup> Floor San Diego, Ca 92103  
(619) 525-9903

**Survivors of Suicide Loss (SOSL)**

Support Line: (619) 482-0297  
www.soslsd.org

**UC San Diego Outpatient (18 & over)**

140 Arbor Drive  
San Diego, CA 92103  
(619) 543-7625

**EMERGENCY NUMBERS:****San Diego Access and Crisis Line:**

(888) 724-7240  
[www.up2sd.org/](http://www.up2sd.org/)  
24 hours a day/7 day a week

**Coronado Police Department**

911 for Emergency  
(619) 522-7350 Non-Emergency

**Domestic Violence Hotline**

(619) 234-3164  
24 hours a day/7 day a week

**Child Abuse Hotline:**

(800) 344-6000

**National Suicide Prevention Hotline**

1-800-273-8255

**San Diego Peer to Peer Program**

TEXT: (619) 377-7111  
OR live online chat at  
[www.mhsinc.org/peer2peer](http://www.mhsinc.org/peer2peer)  
Monday- Friday 2pm-6pm

**Crisis Text Line:**

Text HOME or Go to 741741  
Free, confidential 24/7 texts w/ trained Crisis  
Counselor  
[Crisistextline.org](http://Crisistextline.org)

*Programs listed in this pamphlet are provided to assist students, parents/guardians, and families in securing the most appropriate services. This is a partial list and does not include all relevant agencies and/or service providers. CUSD does not assume responsibility for the services provided by the agencies nor for the related fees.*



Department of Student Services  
201 Sixth Street  
Coronado, CA 92118

## Directory of Community Resources

“We inspire, innovate, and create limitless opportunities to thrive.”