

Model Wellness Policy Comparison Results Template

Component	Description
Tool used for Model LSWP Comparison:	WellStat 3.0
Areas of Strength:	<p>1. Compliance with nutrition education as integrated in the core academic subjects and shall align with the California Education Code.</p> <p>2. The district's Registered Dietitian offers nutrition education in the form of classroom presentations, promotional events, and informational materials disseminated to students and staff to grades pre-school – 12th grade throughout the school year</p> <p>3. The district regulates all food sold during the school day (at fundraisers, student stores, vending machine, a la carte) to ensure that the food items sold follow the USDA nutrition standards and comply with the Smart Snack regulations.</p>
Opportunities for Improvement	<p>1. The LSWP does not address the purchase of local foods for the school meal program. However, the CNS department does incorporate local foods into their menus twice per week through the Harvest of the Month program. Language specifying this practice will be added to the LSWP upon its next revision.</p> <p>2. The LSWP does not address the need to assess the policy every three years through the triennial assessment. This assessment will include the extent to which schools follow the LSWP and the progress made in attaining the goals outlined in the LSWP</p> <p>3. The LSWP does not specify the amount of physical education time per week that each student undergoes. However, the LSWP does state that all physical education programs offered will be</p>

Component	Description
	consistent with CA Education Code. Language will be added to the LSWP to strengthen this section of the policy.
As a result of the comparison, was new language adopted in the LSWP?	<input checked="" type="checkbox"/> Yes – The LSWP language will be strengthened in the coming SY, pending Board approval. <input type="checkbox"/> No
If yes, briefly describe what was adopted (include page numbers for new language if possible)	<p>The LSWP language will be updated to include information pertaining to the district’s Harvest of the Month program which incorporates local foods into the meal program 2x/week.</p> <p>The LSWP language will be revised to include language pertaining to the need to assess the LSWP once every three years through the triennial assessment and will include information pertaining to assessing each school in the school district for compliance, establishing a plan to improve/ strengthen the LSWP, and incorporate procedures for communicating the results of the triennial assessment to key stakeholders.</p> <p>The LSWP language will be updated to specify the number of minutes per grade group in accordance with the CA Education Code which students participate in physical activity/education.</p>
Describe next steps for strengthening your LSWP	<p>The CUSD will update the LSWP to reflect the missing language in the current LSWP in compliance with the</p> <ol style="list-style-type: none"> 1. Present updated wellness policy to the School Board for approval. 2. Notify the public of the changes made to the LSWP.

Component	Description
	3. Ensure that the school sites continue to implement the language included in the new wellness policy components.

Extent of Compliance for All Schools with the LSWP Template

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
Nutrition Education Requirements(s) Nutrition Education/Physical Activity Requirement. Nutrition and physical activity (PA) education are taught using evidence-based curricula that are aligned with the National Health Education Standards and address the essential healthy eating and PA topics.	0/0	0/0	4/4
Nutrition Promotion Requirements(s) School-based marketing will be consistent with nutrition education and health promotion items identified above. As such, schools will limit food and beverage marketing to the promotion of those consistent with California Nutrition Standards and guidelines set forth by the district. The promotion of healthy foods including fruit, vegetables, whole grains, lean proteins, and low-fat and fat-free dairy products is encouraged.	0/0	0/0	4/4
Physical Activity Requirement(s) Teachers and other staff are provided with training on nutrition and PA education.	0/0	0/0	4/4
Other Student Wellness Requirements(s)	0/0	0/0	4/4

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
<p>The district is committed to ensuring that the physical health needs of all students are met. The district will support students' physical. Health by ensuring students have access to highly qualified nurses or other medical professionals in the school setting (with appropriate student to professional ratios) and referrals to and collaboration with community services as needed.</p>			
<p>Federal/State Meal Standards</p> <p>All schools within the district will participate in the National School Lunch Program (NSLP) and School Breakfast Program (SBP) and will provide meals that meet the nutrition standards for school meals as determined by the U.S. Department of Agriculture (USDA).</p>	0/4	0/4	4/4
<p>Foods Offered but Not Sold Standards</p> <p>The district will ensure that all foods and beverages sold to students on the school campus during the school day support healthy eating, including those provided outside of the school meal programs. All foods and beverages sold outside of the school meal programs, during the school day will, at a minimum, meet Smart Snacks Standards.</p>	0/4	0/4	4/4
<p>Food and Beverage Marketing</p> <p>All foods and beverages marketed or promoted to students on the school campus during the school day and during the extended school day (including during out-of-</p>	2/4	0/4	2/4

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
school time/and before and after school) will meet or exceed Smart Snacks Standards			

District LSWP Components	For the components below, indicate whether the district is in compliance.
<p>Public Involvement</p> <p>The district will actively communicate the ways in which representatives of the District Wellness Council, School Wellness Council, and others can participate in the development, implementation and periodic review and update of the LSWP.</p>	<p><input checked="" type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>
<p>Public Notification</p> <p>The district will actively inform caregivers and the public each year of basic information about the LSWP.</p>	<p><input checked="" type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>
<p>Triennial Assessment</p> <p>Once every three years, the district will assess the LSWP by completing the following: Comparing district LSWP to a model LSWP. The district- Level Local School Wellness Policy (LSWP) Components For the components below will be completed every three years:</p> <ul style="list-style-type: none"> • Assessing the extent of compliance for all schools with the LSWP • Assessing the progress made in attaining the goals of the LSWP 	<p><input checked="" type="checkbox"/> Yes – The district completed their 1st triennial assessment in SY 19-20, and their 2nd triennial assessment in the 22-23 SY.</p> <p><input type="checkbox"/> No</p>

Progress in Reaching LSWP Goals Template

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
Nutrition Education & Physical Activity Goal Expand nutrition education so that all students' grades preschool-12 th grade receive evidence-based curricula that aligns with the National Health Education Standards	Yes	The CUSD hired a Registered Dietitian to focus on providing nutrition education for all grade levels through delivering evidence based, grade appropriate nutrition education through nutrition presentations, nutrition activities, nutrition flyers and healthy recipe cards information included in parent newsletters.	<ul style="list-style-type: none"> • Healthy Recipes in share-drive • Farmers Market curricula in share-drive • Lesson plans for hydroponic farm in share-drive • Nutrition presentations for grades preschool-12th grade in share-drive
Nutrition Promotion Goal The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and during the extended school day (including during out of school time/and before and after school) and will encourage participation in	Yes	The Smart Snack and USDA nutrition guidelines were shared with parents, students, and staff members in the form of flyers and brochures at all back-to-school meetings and school open houses. These guidelines were also published on the CNS webpage for parents and students to refer to. The wellness committee monitors school sites to ensure that all food advertised	<ul style="list-style-type: none"> • Why Eat School Lunch Flyer – in share-drive • Smart Snacks in Schools Brochure – on CNS website

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
school meal programs.		on campus align with the nutrition regulations.	
Other student wellness Goal(s) Waste reduction in the form of the reduction of plastic water bottles district wide by 50%	Yes	The district implemented and promoted filtered, chilled refillable water bottle stations throughout campus and encouraged students to bring their refillable water bottles to school daily to utilize the refillable stations. The district discouraged plastic bottles from being offered at school events and discounted the sale of plastic bottles in the cafeterias to align with the wellness goal.	<ul style="list-style-type: none"> • Initial refillable bottle counts as of 11/01/2022 – in shared drive • Refillable bottle counts as of 05/31/2023 – in shared-drive • Quantified progress in the number of plastic bottles was saved district-wide – in shared-drive

TEA Report to the Public Template

Target Audience(s)	Method	Date
CUSD Stakeholders (students, parents, staff members)	Posting the assessment to the CUSD webpage	6/28/2023
Community Partners	Presentation during district wellness committee meeting	5/31/2023