

Coronado Unified  
School District

Menus Subject  
to Change

# MENUS FOR CROWN & SILVER STRAND PRESCHOOL

**JANUARY 4TH - FEBRUARY 17TH**

This institution is an equal opportunity provider

## THANK YOU

for your understanding

Please be aware that our menus are subject to change due to the high volume of supply chain disruptions we are currently experiencing. We will always have lunch available though it may not be what is on the posted menus. Thank you for your understanding as we work to feed your students.

## **Free Meals Daily!!**

The USDA has approved one free lunch meal daily for all enrolled students.  
No application needed!

We are also providing FREE bulk breakfast meal pick up (5 days' worth) at Village and Silver Strand Elementary on Tuesdays, after school, until 4pm for all children between 1-18 years old.

For more information, contact:  
[charity.campbell@coronadousd.net](mailto:charity.campbell@coronadousd.net)

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Rib Sandwich	Papa John's Cheese Pizza	Spaghetti (with meat sauce)	Chicken Drumstick	Brunch 4 Lunch (Waffle & Sausage)
Cheese Tamale		Crispy Chicken Sandwich	Yogurt & Graham Crackers	Cheeseburger Sliders

### DATES AVAILABLE

January 4 - 7  
January 18 - 21  
January 31 - February 4  
February 14 - 17



January 10 - 14  
January 24 - 27  
February 7 - 11

### A selection of fruits and vegetables will be offered daily:

Bananas, Apples, Oranges, Dried Cranberries, Pears, Applesauce, Carrots, Cucumbers, Cauliflower, Corn, Peas, Broccoli, and Beans

Five food groups will be offered daily. Including at least a 1/2 cup vegetable and fruit.

All lunch items are made with 51% or more **WHOLE GRAIN**



Students will receive: 1% white milk with their lunch meal

## Special Menu Day

**Valentine's Day Treat**  
Monday, February 14th



## CNS Department Contact Information:

Charity Campbell, MS, RD, SNS  
Director, Child Nutrition Services  
619-522-8907 x2085  
[charity.campbell@coronadousd.net](mailto:charity.campbell@coronadousd.net)