

Child Nutrition Services Announces
FREE BREAKFAST AND FREE LUNCH MEALS
for all Enrolled Students for the 2022-2023 School Year

For school year 2022-2023, the **California Universal Meals Program, AB 130**, requires public school districts serving students in grades K–12 to provide two meals free of charge (breakfast and lunch) during each school day to students requesting a meal, regardless of their free or reduced-price meal eligibility. Meal applications will not be needed to receive the free daily breakfast and/or lunch meal.

We will continue to take proper precautions with increased sanitation and cleaning procedures. This will include, but not limited to, students' ability to sanitize hands prior to getting food, sanitizing hands prior to exiting the line, CNS staff sanitizing the salad bar and all contact surfaces between grades and changing tongs between grades as well.

Here in the Child Nutrition Services Department, we go a step beyond to ensure your child is getting the most health conscious and appealing food we can provide. All items we serve are made with whole grains. We serve only 100% beef and chicken products, with minimal to no fillers, by-products, or textured vegetable proteins. For a better understanding of our program, school site menus, and what we have to offer, please visit our website [here](#). The "Why Eat School Lunch" Brochure on the website is a great resource to understand our regulations for the program because we can't just serve anything!

At the Elementary School level, each student will be able to come through the line and get one free breakfast and/or lunch meal per day. This includes the choice of one entrée, one milk, one juice, and whatever fruits/vegetables they would like from the salad bar.

No second meals will be allowed for purchase to ensure all students are able to get a first meal if they desire. If students are still hungry, the salad bar is buffet style, and they may go through for seconds on any of the fresh fruit/vegetable options for the day.

At the Middle and High School level, each student will be able to come through the line and get one free breakfast and/or lunch meal per day. This includes the choice of one entrée, one milk, one juice, and whatever fruits/vegetables they would like from the salad bar. The student will enter in their student ID number to get their free daily lunch. There is a nutrition break where students may purchase a la carte items, such as snacks and drinks, using their pin number or cash. The lunch period also has a la carte items along with the featured lunch specials. A la carte snacks will be denied if there is no money or a negative balance on the student's account. No second meals will be allowed for purchase to ensure all students are able to get a first meal if they desire. If students are still hungry, the salad bar is buffet style, and they may go through for seconds on any of the fresh fruit/vegetable options for the day.

Payments for a la carte sales may be made by cash or check in the "CNS Deposit" box at each of our school offices. For your convenience, credit card charges can be made online by logging on to www.ezschoolpay.com and setting up an account. You can view your child's account balance anytime and receive reminder emails. In addition, those who have a smart phone can download the EZSchoolPay app to make payments and check balances for your child's meal account even easier.

We hope you enjoy what we have to offer and please feel free to contact me with any questions you may have.

Sincerely,

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