

Wellness Committee Meeting #2 SY 22-23 Minutes:

Meeting Called to order at: 3:35 PM December 7th, 2022

Attendance:

Amanda Tarantino
Charity Campbell
Amy Steward
Donnie Salamanca
Lindsey Cummins
Kevin Paiz-Ramirez

Meeting began with recap of wellness goal SY 22-23 – reduction of single use plastic bottles by 50% district-wide.

- Amy Steward shared progress on previously assigned tasks:
 - Emerald Keepers marketing materials created and shared with the committee
 - Discussion of flyer being sent in newsletters across district.
 - San Diego city banned single use plastics by July, CUSD can lead and hopefully Coronado city will copy
 - Sixteen high school students are focusing on trash and recycling at CHS. Looking into organic waste bins (compost buckets). Looking into a triad receptacle as well as looking at funding – maybe through a grant?
 - TikTok's focusing on recycling and what can be recycled (talked to EDCO who are not wanting to broadcast where our recycling goes)
 - Meeting with elementary school principals to share info and talk about class pledges and signage to be an "Emerald Keeper" classroom

- Donnie Salamanca shared:
 - all staff lounges have been updated with filtered water and bubbly water.
 - Eliminating arrowhead contract/deliveries effective 02/08/2023
 - Asked Emerald Keepers to speak at February board meeting (we will meet as a committee before that meeting)
 - Mentioned an "Earth Day" event centered around plastics and recycling.
 - Ideas included collection of Amazon boxes from the community and create a visual
 - Art installation of reused materials

- Kevin Ramirez shared:
 - Middle school garden was recently revamped
 - Middle school ASB will distribute posters and initiative
 - Focus on the education aspect as to "why" we need to recycle and not just "do it"
 - Loop in the service dogs as to why we need to eliminate food waste (service dogs on campus could pick up food being played with)
 - Discussion of "Science going on in the world" where the 6th graders study microplastics (how each person has about a credit card full of microplastics in your body)

- We need buy in from staff at staff meetings, versus one more thing on our plates
- All Members:
 - Conversation about needing water at sports fields (softball and baseball)
 - Reviewed water refilling station numbers as of 11/1/22. The filters and numbers will be reset over the summer. At the end of the year, we will take readings and subtract the numbers received on 11/1. Discussion on one reader that was already at 36,000+ refills

Action Steps:

- Posters and marketing will be edited and shared by the end of this week
- Education to showcase to students by the end of February
- Incorporating "Earth Day" event and education
- Next meeting: Wednesday February 8th, 2023 at 3:30 PM.

Meeting ended at 4:32 PM December 7th, 2022

Action step to achieve goal: Outreach to all CUSD students, staff, and families		
Person Responsible	Decisions/Still to do	Due Date
Donnie/ District PIO	Send to CUSD stakeholders (principals, cabinet, all staff)	01/03/2023
Amanda, Charity, Kevin	ASB Meetings with CMS/ CHS to discuss outreach techniques	12/31/2022

Action step to achieve goal: Development of educational materials for students related to recycling and composting.		
Person Responsible	Decisions/Still to do	Due Date
Emerald Keepers	Development of educational TikToks, broadcasts, flyers, etc	February 2023

Action step to achieve goal: Halt of plastic bottle sales at all CUSD cafeterias.		
Person Responsible	Decisions/Still to do	Due Date
Charity	Training to CNS staff members, adjustment of food orders, notify vendors, depletion current plastic bottle supply	February 2023