



Welcome to School Year 2019-20

Welcome to Coronado Unified School District! We are so happy to have you here and know that you will enjoy the resources available at our district. Here in the Child Nutrition Services Department we go a step beyond to ensure your child is getting the most health conscious and appealing food we can provide. All items we serve are made with at least 51% whole grain. We serve only 100% beef and chicken products, with minimal to no fillers, by-products, or textured vegetable proteins. For a better understanding of our program, school site menus, and what we have to offer, please visit our website at <http://coronadousd.net/departments/food-services-student-nutrition/>. The "Why Eat School Lunch" Brochure on the website is a great resource to understand our regulations for the program, we can't just serve anything! To make viewing the menu even easier, you can download the Yum Yummi menu app which shows pictures, daily menus, nutritional and allergen information as well.

Preschool/Elementary school meals are \$3.25 and Middle/High school meals are \$3.75. The meal includes one entree, milk, juice, and an all-you-can eat salad bar that features 7-10 fruits and vegetables daily. The students may buy a second meal if they are still hungry at the same price stated above. Students must have money on their account to purchase a second meal.

To apply for free or reduced-price (\$.40) meals, please complete a meal application online at: <https://secure.ezmealapp.com/ApplicationScreen.aspx?cid=NDE1MzJiYmYtOGNIYS00MTI5LTg5YTUtMmNjMmFIZDg3ZGM4> or in the school office. This link is also available on the Child Nutrition website of www.coronadousd.net for easier access. All meals purchased prior to the benefits issuance date will be charged at full price and will need to be paid by the Parent/Guardian.

Payments may be made by cash or check in the "CNS Deposits" box at each of our school offices. For your convenience, credit card charges can be made online by logging on to www.ezschoolpay.com and setting up an account. This site also allows you to view your child's account balance anytime and receive reminder emails about low account balances. In addition, those who have a smart phone can download the EZSchoolPay app. This app helps making payments and checking balances for your child's meal account is even easier.

At the Elementary School level for preschool, transitional kindergarten, and first grade, each student has an ID card that is used to purchase meals regardless if they are using it or not. After money is loaded onto the student's account, they may go

through the lunch line, select what they want, swipe their card, and it will be deducted from their account. All other grades will use their personal ID number to purchase lunches from the cafeteria. A la carte items (bottled water, goldfish, string cheese, Mott's fruit snacks, and Annie's Bunny Grahams) and second meals will be denied if there is no money or a negative balance on the students' account.

At the Middle and High School level, each student will use their personal ID number to purchase items from the café. There is a 10-minute nutrition break where students can purchase a la carte items, such as snacks and drinks. The lunch period also has a la carte items along with the featured lunch specials. Second meals and a la carte sales will be denied if there is no money or a negative balance on the student's account.

We hope you enjoy what we have to offer and please feel free to contact me with any questions you may have.

Sincerely,

Charity Campbell, MS, RD, SNS
Director, Child Nutrition Services
(619) 522-8907 x2085
charity.campbell@coronadousd.net

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