


# SILVER STRAND ELEMENTARY SCHOOL

MENUS FOR  
JANUARY 29—MARCH 9

CORONADO UNIFIED SCHOOL DISTRICT

This institution is an equal opportunity provider and employer

Monday	Tuesday	Wednesday	Thursday	Friday
100% Beef Hamburger	Papa John's Pepperoni Pizza	Brunch 4 Lunch (Pancakes & Sausage)	<b>FARM FRESH DAYS</b>	
Macaroni & Cheese	Papa John's Cheese Pizza	Meatball Sub	Orange Chicken & Rice	Breaded Chicken Sandwich
<b>NEW</b> Islander Bento Box (Hard Boiled Egg, Cheese, & Crackers)	Sun Butter & Jelly Sandwich	<b>NEW</b> Toasted Star Cheese Sandwich	<b>NEW</b> Loaded Baked Potato (with Corn Muffin)	Corn Dog
		<b>\$.25 cash only</b> 	Bean & Cheese Burrito	Mozzarella Stuffed Breadsticks

Three food groups must be taken, one must be at least a 1/2 cup serving of fruit and/or vegetable.

All lunch items are made with 51% or more **WHOLE GRAIN**

Students may choose:  
1% white milk  
or  
Nonfat flavored




**Ice Cream Social!!**

**Friday, 2/23**

**\$1.50 cash only**




**Special Menu Days**

**Valentine's Menu**  
w/ Italian Ice Dessert  
Wednesday, February 14



**Dr. Seuss' Celebration**  
w/ Green Egg Cookie  
Thursday, March 1



## FARM TO SCHOOL

We feel it's important for your student to make a connection with what's on their tray and where their food comes from. That is why we partnered with *Food 4 Thought* to bring the freshest seasonal produce to your school's cafeteria. Through their 'Farm to School' program they are able to partner with small, family-owned California farms that share a commitment to student health and nutrition. Picked on Monday and "straight to the plate" on Thursday and Friday...enjoy the harvest!

Apply online today for free & reduced-price meals at

<https://secure.ezmealapp.com/>



Payments and meal balances online

Please have "Student ID Number" when signing up the first time.

For questions, call 619-522-8907 x2085

**Salad Bar**

A variety of fruits & vegetables will be offered daily:


Oranges, Bananas, Apples, Raisins, Blueberries, Pears, Peaches, Craisins, Applesauce, Grapes, Mandarins, 100% juice, Corn, Caesar Salad, Mixed Greens, Beans, Carrots, Jicama, Cauliflower, Cucumbers, Broccoli, and Celery



**Kona Ice**

**After School**

**Friday, 2/9 & 3/9**



**Meal Prices**

Paid \$3.25  
Reduced \$0.40  
Free \$0.00  
Milk/Juice \$0.50  
Non-Student \$4.50

